Living Better Online

November 2026 week 2

These sessions are held on Teams

MONDAY 9TH NOVEMBER	6.30PM	TAI CHI WITH MARY
TUESDAY 10TH NOVEMBER	ALL DAY	STAFF DAY - NO ONLINE ACTIVITIES
WEDNESDAY 11TH NOVEMBER	9.15AM	MINI TAI CHI WITH MARY
WEDNESDAY 11TH NOVEMBER	2.00PM	MYSELF-MANAGEMENT AGM
WEDNESDAY 11TH NOVEMBER	3.00PM	MEMBERS LED COFFEE & CHAT WITH ANGELA
THURSDAY 12TH NOVEMBER	4.45PM	MINI TAI CHI WITH MARY
FRIDAY 13TH NOVEMBER	9:15AM	MINI TAI CHI WITH MARY

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