



Job Title: Youth Networker

Salary: £ 24,479 pro-rata

Contract type: Fixed Term until 30th September 2026

Hours: 8 hours per week

Location: Home based, but the applicant's ability to travel within Highland area is essential.

A full UK driving Licence and access to a car for work purposes is required for this role.

Employed by: The post holder will be employed by MySelf-Management

Line Manager: MySelf-Management Manager

MySelf-Management Vision

MySelf-Management is committed to delivering a person-centred approach to wellbeing through the promotion of self-management.

Our Vision will be achieved through the provision of self-management peer support and education for people and organisations. We support people and organisations by providing self-management peer support, learning opportunities, and practical tools for living well.

Job Purpose

The post holder will support the delivery of the Highland Youth Living Well project, funded by the Health and Social Care Alliance Scotland.

This role will focus on extending the reach and impact of our work with young people across Highland. You will build and foster connections with youth clubs, community groups, after-school settings, and other organisations supporting young people. A key aspect of the role will be promoting our new Highland Youth Living Well modules, supporting organisations to use them, gathering feedback, and helping us shape their ongoing development.

In addition, the post holder will contribute to MySelf-Management's wider work by supporting self-management education, forums, and service delivery as part of our organisational ambitions.

Key Responsibilities:

1. Engagement & Partnerships

- Build new and reinforce existing relationships with youth organisations and community groups across Highland.
- Promote our Highland Youth Living Well modules and support organisations to test, deliver and implement and evaluate them.
- Attend and contribute to local and national meetings, both online and in person.
- Support effective communication between partners, volunteers, and community workers.

2. Delivery & Facilitation

- Assist in planning and hosting youth project meetings and Self-Management forums.

- Contribute to the development and facilitation of self-management activities and learning opportunities.

3. Promotion & Communications

- Actively promote self-management, health, and wellbeing to individuals and organisations.
- Support wider communication activities, including public engagement and media promotion of MySelf-Management.
- Provide clear pathways for people to engage with our work.

4. Monitoring, Evaluation & Reporting

- Support the measurement of impact across identified workstreams.
- Collect, compile, and analyse evaluation data relating to Highland Youth Living Well project and related activities.
- Produce reports relevant to project delivery and organisational needs.

5. Organisational Support

- Work collaboratively with the MySelf-Management team to support delivery across the organisation.
- Undertake other reasonable duties as required for the effective operation of the organisation.
- Occasional evening or weekend work may be required, in line with project needs.
- Travel across Highland is expected.

What you will bring to the role:

- Strong communication skills and confidence presenting online and in person.
- Experience of partnership working and delivering youth-focused activities or support.
- Ability to build and maintain networks with volunteers, young people, partners, and stakeholders.
- Effective interpersonal, planning, organisational, and evaluation skills.
- Ability to produce reports relevant to workstreams.
- Strong digital skills, with competence in Microsoft Office and online meeting platforms.
- Understanding of self-management and its relevance to living well with long-term conditions.
- Experience working with people living with long-term conditions.
- Experience of working with volunteers.
- Ability to develop skills and learning relevant to the role.

A full UK driving licence and access to a car for work purposes are required.

MySelf-Management SCIO, SC050558
www.myself-management.org