Wick Living Better Group

October - December 2026

Nucleus Archive, Wick

12.30pm - 2.30pm

Join us for a monthly social meeting where we have a cuppa and a catch up as well as a range of activities; arts and crafts, games, boccia and guest speakers and an opportunity to share and discuss self management.

No booking required and meetings are free to attend, however we do leave out a donation bowl to help cover teas and coffees

NO MEETING IN OCTOBER

WEDNESDAY 4TH NOVEMBER

TUESDAY 1ST DECEMBER

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