Inverness Mini Meets

July - September 2026

Scran Kitchen, Eastgate Centre, Inverness, IV2 3PP

11am-12.30pm

Join us at Eastgate Centre for a **Mini Meet** at Scran Kitchen. A great opportunity for new and longer-term members to come along and meet, get to know each other and learn more about the groups. Drinks aren't provided, but feel free to grab yourself a cuppa or something from Scran Kitchen if you fancy it. You'll see me there with my coffee, my laptop and some MySelf-Management leaflets on the table. No booking required and meetings are free to attend.

WEDNESDAY 29TH JULY

WEDNESDAY 26TH AUGUST

WEDNESDAY 30TH SEPTEMBER

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